

## Backpacking Packing List

This trip is fun, exciting and breathtaking. We are so glad you are coming on the adventure with us!

Please call if you have any questions  
605-352-7267 Camp Office  
605-350-7087 Jon's cell  
620-266-6168 Katelyn's Cell

Remember we meet at the camp at 7:00pm on Tuesday (please do not be late). We will pack our food for the days we are on the mountain, then sleep at the camp. We will drive to the trail head early the next morning.

We will be gone 5 days so pack clothes accordingly. Remember it will be much cooler in the mountains.

### You will need a Backpack

4000 to 5000 + cu inches - This is not a day pack or school backpack. We carry everything we need in this bag for 4 to 5 days. I would not buy a backpack - ask camp, friends or family if you can borrow one.

### In your backpack                      \*optional

Pack cover or large plastic bag to cover pack  
Toilet paper in a zip lock bag  
Flashlight - a head lamp is nice  
Batteries  
\*Hat  
Sunglasses  
Sunscreen  
Insect repellent  
Lip balm  
Whistle  
Hiking shoes - good tennis shoes will work. I like high top shoes. Hiking socks - wool is nice  
Rain jacket – a nylon one is nice. They

can also serve as a windbreaker or another layer

Biodegradable Soap

Small Towel

Small String bag for day hikes Medications

- pain medicine, allergy

medicine Band-Aids

Small Bible

Notebook and pen

\*Camera

Sleeping bag that is light and warm with a nylon bag to go around it

\*Camp sleeping pad if you desire (could take along for just campgrounds off the mountain)

Tent or Hammock (with a tarp to keep rain off -The camp has some tents so do not buy a new tent just for this trip)

Canteen or water bottle that you can easily carry - water filtering bottles are very nice  
Mess kit or a Plate, Bowl, Cup, Fork, knife, and spoon

\*Fishing equipment (lures for trout fishing)

Knife or multi-tool

\*Leggings and long sleeves are nice for the cool mountain air

Usually just pack one change of clothes in your backpack:

- Pants - convertible pants are nice

- Shirts

Underwear

Tooth brush and tooth paste

\*Lighter

### Duffle Bag (not going up the mountain)

Travel shoes

Shampoo / Conditioner

\*Snacks - dried fruit, trail mix, nuts, jerky, ect.

Money for about 6 meals on the road

Swimsuit

Camp medical release form (if you did not register online)

Clothes for at least 3 days